



## Ashdene Primary School – PSHE Curriculum

### Purpose of Study

PSHE education is a planned programme called Jigsaw – the mindful approach to PSHE. The Jigsaw programme brings together PSHE education, emotional literacy, social skills and spiritual development in a comprehensive scheme of learning. As the Jigsaw scheme is a whole school approach, each year group will work on the same theme (puzzle) at the same time, which will signify their application of development each year.

This programme ensures Ashdene provide pupils with the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals and within the community. As part of the whole school approach, pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own personal development. This enables pupils to reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.

PSHE teaches children to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life. The programme equips pupils with the knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives. It encourages them to be enterprising and supports them in making effective transitions, positive learning, career choices and in achieving economic wellbeing. PSHE contributes to personal development by helping pupils to build their confidence, resilience and self-esteem, and to identify and manage risk, make informed choices and understand what influences their decisions.

PSHE supports pupils to develop an understanding of themselves, empathise and work with others, helps pupils form and maintain good relationships, develop the essential skills for future employability and better enjoy and manage their lives.

### Aims

- The overarching aim for PSHE education is to provide pupils with:
- knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals and within the community
  - opportunities to turn that knowledge into personal development and understanding
  - understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning
  - opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives

### Personal Development Links

					
RESPECT	SMSC	Rights Respecting	British Values	Jigsaw	Trips and Visits

## Topic Overview by Year Group



# Ashdene Primary School

*Excellence: everyone, everywhere, every day*

	HT1	HT2	HT3	HT4	HT5	HT6
Reception	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Year 1	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Year 2	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Year 3	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Year 4	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Year 5	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Year 6	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me

\*At Ashdene we teach PSHE following the Jigsaw curriculum