









## Ashdene Primary School - EYFS Personal, Social and Emotional Development

<b>Purpose of Study</b>	<p>Children's personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world. Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others. Children should be supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children they learn how to make good friendships, co-operate and resolve conflicts peaceably. These attributes will provide a secure platform from which children can achieve at school and in later life.</p>					
<b>Aims</b>	<p style="text-align: center;"><b>Self-regulation</b></p> <ul style="list-style-type: none"> <li>• Show an understanding of their own feelings and those of others, and begin to regulate their behavior accordingly;</li> <li>• Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate;</li> <li>• Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.</li> </ul>	<p style="text-align: center;"><b>Managing self</b></p> <ul style="list-style-type: none"> <li>• Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.</li> <li>• Explain the reasons for rules, know right from wrong and try to behave accordingly</li> <li>• Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.</li> </ul>	<p style="text-align: center;"><b>Building relationships</b></p> <ul style="list-style-type: none"> <li>• Work and play cooperatively and take turns with others; - Form positive attachments to adults and friendships with peers</li> <li>• Show sensitivity to their own and to others' needs.</li> </ul>			
<b>Curriculum design</b>	<p>The Early Years Curriculum is based on the EYFS Statutory Framework and Development Matters 2021. Both these documents set expectations for children to achieve by the end of the Reception Year. Our curriculum explicitly sets out the new knowledge that children will learn each lesson which links to the educational programmes within the EYFS Statutory framework. This knowledge has been mapped out throughout the reception year but also supports further learning and development once the children move to the National Curriculum.</p>					
<b>Personal Development Links</b>						
	RESPECT	SMSC	Rights Respecting	British Values	Jigsaw	Trips and Visits



## Topic Overview

	HT1	HT2	HT3	HT4	HT5	HT6
Reception	Being me in my world	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me