



22nd April 2020

Dear Parent,

It's a confusing time for us all right now and effective communication is a really important skill for young children. At a time when children might have lots of questions or be anxious about the changes they can see around them, we thought you might like to have a read of our communication guide and work through it with your child while they're at home with you.

Communication

Along with this letter, you'll find a Communication booklet. Designed especially for primary aged children, the booklet helps children think about things like:

- How people talk to them
- How they talk to other people
- Their communication + other people's feelings
- Bossy & shouting V friendly & kind

Introducing Monkey Bob

Monkey Bob is a colourful character who helps children to engage with their feelings. He helps children to open up when they're struggling with their emotions. You'll meet Monkey Bob and his friends in the Communication booklet, but you can visit www.monkeybob.org.uk to find out more about him.

Choose a time when your child seems relaxed to sit down together and read their booklet. Talk about each page as they complete each section. We'd love you to share your pictures or let us know how Monkey Bob helped you. Search @hellomonkeybob on social media or email us at hello@monkeybob.org.uk

Take care,

Beverley Wrighton
Deputy Chief Executive

P.S. For some free additional resources for children please take a look at our website www.monkeybob.org.uk

